Body Soul & Spirit

• **Body**: Physical, material characteristics of a person including sensory data-gathering capabilities (sight, touch, etc.) and neurochemical activity of the brain and other organs.

• **Soul**: Immaterial entity that serves as person's "touch point" or interactive coordinator between body and spirit.

**The soul has 3 elements:**

- **Mind**: Cognition, attention, reflection, visualization (imagination), sensory perception and interpretation
- **Will**: Conscience, judgment, motivation, character, attitude, purpose, values and beliefs
- **Emotions**: Feelings, Personality, intuition

• **Spirit**: Life force that creates, learns and changes. The spirit enlivens and transcends physical elements of body and operates through the soul.

• Adapted from:

What can I do to engage my ELLs' body, soul and spirit?